

## Daycare Menu

Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
Cereal	Bran Muffin	Muslix	Egg and cracker	Molasses cookie
Meatloaf with vegetable puree Fresh fruit	Minestrone and Chicken wrap Fresh fruit	Pork Chop Suey and rice Fresh fruit	Turkey alfredo fusili with broccoli Fresh fruit	Tilapia served with curry vegetable and cornmeal Fresh fruit
Oatmeal cookies	Veggies and dip	Lemon cake	Pizza	Zucchini bread
Menu 6	Menu 7	Menu 8	Menu 9	Menu 10
Cereal	Cheese and cracker	Oatmeal muffin	Muslix	Egg and cracker
Vegetable quiche with green salad Fresh fruit	Ham a la king with mash potatoes Fresh fruit	Fish fillet with tomato fennel sauce and bulgur pilaf Fresh fruit	Vegetarian chili on Tacos with yogurt sauce Fresh fruit	Beef stew with bow tie pasta Fresh fruit
Apple crumble	Humus and whole wheat cracker	Veggies and chicken dip	Fruit mousse	Carrot cake
Menu 11	Menu 12	Menu 13	Menu 14	Menu 15
Cereal	Bran muffin	Muslix	Egg and cracker	Molasses cookie
Pork meatballs with chinese noodles Fresh fruit	Chicken pot pie with coleslaw Fresh fruit	Vegetable cream with egg salad sandwich Fresh fruit	Poached fish, vegetable salsa and mashed Fresh fruit	Vegetable couscous Fresh fruit
Pumpkin bread	Pizza	Whole grains and fruits bar	Veggies and artichoke dip	Tofu brownies
Menu 16	Menu 17	Menu 18	Menu 19	Menu 20
Cereal	Cheese and cracker	Oatmeal muffin	Muslix	Egg and cracker
Hunter style chicken with egg noodles Fresh fruit	Mexican beef and rice Fresh fruit	Salmon pie, tomatoes and vegetables salad Fresh fruit	Pork loin stuffed with apricots and barley risotto Fresh fruit	Vegetable macaroni and green salad Fresh fruit
Fruit crumble	Humus and whole wheat cracker	Banana bread	Veggies and tofu dip	Fruit mousse